

## In Loving Memory of Analea McGarey



Born on July 25, 1949  
Passed away on November 18, 2007

*No matter when I move out of this life, whether it be tomorrow or fifty years in the future, this is what I want everyone to know:*

*I have lived. Fully and richly, completely and absolutely. I have lived juicily and followed my dreams, danced in the moonlight and frolicked in the sunlight.*

*I regret nothing.*

*And most of all I have been blessed with love, surrounded by the most wonderful souls in the world: my children, my mother, my siblings, my family of blood and my family of choice, my dear true friends.*

*This life has been one magical blessing after another, and I am so grateful, so eternally grateful, for every moment. I am full and complete and joyful, so joyful! Crazy, free, and whole.*

*Blessed Be,  
Analea McGarey  
February 17, 2007*

*Analea McGarey was born on July 25, 1949 in East Liverpool, Ohio, the eldest daughter of Dr. Gladys T. McGarey, and Dr. William A. McGarey. She passed away after a valiant battle with breast cancer November 18, 2007 at her mother's home in Scottsdale, Arizona, life completed, loved completely. Most recently Analea was a resident of Glen Ellen, California, where she practiced as a registered physical therapist. Her strong, loving, and healing hands brought with their touch a sense of wholeness and loving energy. Her passion for life, her generous spirit, and her ability to be present in the now was – and continues to be – an inspiration to many. Her book, "Born to Heal," a biography of her mother, Dr. Gladys T. McGarey, serves as an ongoing witness to the healing power of the feminine face of medicine.*

*Analea is survived by her son and daughter-in-law Gabriel and Heather Taylor of Sacramento, California; her parents Gladys T. McGarey of Scottsdale, and William A. McGarey of Scottsdale; four brothers: Carl and his wife DeeDee McGarey of Vancouver, Washington; John and his wife Bobbie McGarey of Duncan, Oklahoma; Bob McGarey of Austin, Texas; and David and his wife Lee McGarey of Flagstaff, Arizona; one sister: Helene Wechsler of Scottsdale, Arizona; nine nieces and nephews and one great niece, all who loved their "Auntalea;" and a host of her dearest friends in California, Canada, and around the world.*

*Memorials may be made to the non-profit "Gladys Taylor McGarey Medical Foundation."*

### Why I Wake Early

*Hello, sun in my face.  
Hello you who make the morning  
and spread it over the fields  
and into the faces of the tulips  
and the nodding morning glories,  
and into the windows of, even, the  
miserable and the crotchety –*

*best preacher that ever was,  
dear star, that just happens  
to be where you are in the universe  
to keep us from ever-darkness,  
to ease us with warm touching,  
to hold us in the great hands of light –  
good morning, good morning, good morning.*

*Watch, now, as I start the day  
in happiness, in kindness.*

*Mary Oliver*